

**Well Workplace Award  
Executive Summary**

**University  
Medical  
Associates**

*Silver Award*

Information in this publication is carefully reviewed for accuracy. Questions, comments, or ideas are welcome. Please direct to Dr. David Hunnicutt, Executive Editor, at the address below.

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## General Information

### WELL WORKPLACE

*Silver Application*

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#### Basic Information

Name of Organization University Medical Associates

Address of Organization \_\_\_\_\_

Council Affiliation WELCOM

Contact Person Ms. Betsy Albers

Title Human Resource Coordinator

Work Telephone \_\_\_\_\_

Fax Number \_\_\_\_\_

E-Mail Address \_\_\_\_\_

Alternate Contact Ms. Robin Stoupa

Parent Organization University Medical Associates

Number of Sites Covered by this Application 26

Number of Employees Covered by this Application 471

Nature of Business or Industry Health Care Industry

Name of CEO Mr. Cory Shaw, CAO

Date of Application 10/2003

## PREFACE NARRATIVE

University Medical Associates began in 1979 as Nebraska Clinicians Group. Our main focus from 1987-1993 was to create a group practice with approximately 200 Physicians. With growth at hand, in 1995 we became University Medical Associates. Today we are a multi-site organization with a Physician base of 410 Doctors. Our staff members have grown from around 50 employees in 1993 to 471 today. Our 471 Employees range from Directors, Clinic Administrators, Managers, and Clinic Nurses, to business service center Account Specialists and Clerical staff.

Our vision and mission statements are proudly displayed on our campus intranet.

We associate ourselves with the University of Nebraska Medical Center, which is steadfast in their mission to provide state-of-the-art health care through academic and private practice. In addition, it is our mission to improve the health of Nebraska through premier educational programs, innovative research, the highest quality patient care, and outreach to under served populations.

Wellness plays a role in our lives as an organization, but it was not until 1998 that we began looking at ways to bring wellness closer to our employees. We started with our association with WELCOM and attending a Wellness University two-day seminar in 1998. At that time our mighty wellness committee consisted of three individuals, all-deriving from the Human Resources Department. Today our Wellness Committee is comprised of twelve passionate and devoted individuals from all the different diverse areas of our organization. This ranges from clinic personal to personal from a variety of teams. The wellness committee meets on a monthly

basis and is facilitated by the Director of Clinics and our Human Resources Coordinator.

Our mission for the Silver Award Campaign is; University Medical Associates, U- Matter- Always, a mission that all of the Wellness Committee members are working toward diligently by providing both valuable and educational programs to all employees.

University Medical Associates is building programs based on a variety of data collecting techniques. Our organization is committed to securing health and wellness opportunities on an on-going basis by addressing both the needs and wants of the employees.

It is the vision of organization to continue moving forward in all aspects of wellness and to continually advance to even higher levels of achievements by furthering our wellness efforts through communication, program availabilities and evaluation follow up. Only with the continued support and participation of all levels of management will this be realized. With a profound understanding of wellness, this organization welcomes the journey.