

**Well Workplace Award  
Executive Summary**

**West Virginia  
University Hospitals-  
Health Sciences Campus  
Gold Recertification Award**

Information in this publication is carefully reviewed for accuracy. Questions, comments, or ideas are welcome. Please direct to Dr. David Hunnicutt, Executive Editor, at the address below.

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**WELLNESS COUNCILS  
OF AMERICA**

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General Information  
Well Workplace  
*Gold Re-certification Application*

**Basic Information**

Name of Organization	<u><b>Health Sciences Campus of West Virginia University</b></u> University Health Associates West Virginia University Hospitals Health Science Center at West Virginia University
Address	
Work Phone	
Fax	
Contact Person	Dave Harshbarger, Wellness Program Director, Ormish Program Director
Alternate Contact	Lori Stravers, Wellness Program Coordinator
Parent Organization	Health Sciences Campus of West Virginia University
Number of Sites Covered	There is one site covered, Health Sciences Campus of West Virginia University. The Health Sciences Campus of West Virginia University (WVU) is the parent company or lead agency. Three entities comprise the Health Sciences Campus of WVU; University Health Associates (UHA), West Virginia University Hospitals (WVUH), and the Health Science Center at West Virginia University (HSC at WVU). The Wellness Program is one department providing wellness programming and services to all employees at the Health Sciences Campus of West Virginia University.
Number of Employees	Total = 6255 fulltime employees plus spouses and several hundred part time employees. Broken down by organization, UHA = 1363, WVUH = 3492, HSC at WVU = 1400.
Nature of Business	Healthcare
CEO's	UHA – John Prescott, MD WVUH – Bruce McClymonds Health Sciences Campus at WVU– Robert D'Alessandri, MD
Date of Application	May 28, 2004

## **Preface: Narrative**

The Health Sciences Campus of West Virginia University is West Virginia's state medical institution, located in Morgantown, with over 6,000 employees. Three employers comprise the Health Sciences Campus of West Virginia University, University Health Associates (UHA), WVU Hospitals (WVUH), and the Health Sciences Center at WVU (HSC at WVU). The nature of business is healthcare. UHA and WVUH are separate, nonprofit companies serving the people of West Virginia, western Maryland, and southwestern Pennsylvania.

The mission of The Wellness Program is to provide opportunities for all Health Sciences Campus of West Virginia University employees and their families to create and maintain healthy and active lifestyles. By improving employees' health, The Wellness Program's mission supports the organization's mission to provide a quality health care system to the citizens of West Virginia and the surrounding region.

Currently, The Wellness Program operates as its own department funded by each of the three entities comprising The Health Sciences Campus of West Virginia University. The mergers and subsequent expansions of The Wellness Program serve to build a strong foundation for the achievement of wellness goals.

The Wellness Program functions to provide opportunities for employees to improve their cardiovascular health, decrease stress levels, improve nutrition, and enhance their quality of life by participating in regular physical activity as well as stress management and nutrition programs. Employees and their families have numerous fitness and recreation programs in which to participate. The Wellness Program serves to educate individuals and help them to identify and reduce risk factors associated with heart disease and other preventable diseases. The Wellness Program also strives to provide information

to employees so that they make informed choices about their health and lifestyle habits. In addition, The Wellness Program provides ergonomic assessments to work areas and is involved in several collaborative efforts with various departments to decrease stress levels, absenteeism, and on-the-job injuries, as well as increase employee morale.