



**2024
HEALTH AND WELLNESS
OBSERVANCES CALENDAR**

National Wellness Institute and Wellness Council of America

JANUARY 2024



CERVICAL HEALTH AWARENESS MONTH

National Cervical Cancer Coalition
nccc-online.org

NATIONAL BIRTH DEFECTS AWARENESS MONTH

Centers for Disease Control and Prevention
cdc.gov

NATIONAL BLOOD DONOR MONTH

The Association for Blood Donor Professionals
adrp.org

National Today
nationaltoday.com/national-blood-donor-month

NATIONAL GLAUCOMA AWARENESS MONTH

Glaucoma Research Foundation
glaucoma.org

NATIONAL SLAVERY AND HUMAN TRAFFICKING PREVENTION MONTH

Hope for Justice
hopeforjustice.org

JANUARY 14-20 HOME OFFICE SAFETY AND SECURITY WEEK

National Today
nationaltoday.com/home-office-safety-and-security-week

JANUARY 21-27 NATIONAL HEALTHY WEIGHT WEEK

Centers for Disease Control and Prevention
cdc.gov/healthyweight

JANUARY 15 (MARTIN LUTHER KING JR. DAY) KING DAY OF SERVICE

The King Center
thekingcenter.org

JANUARY 21-27 NATIONAL CERTIFIED REGISTERED NURSE ANESTHETISTS WEEK

American Association of Nurse Anesthesiology
aana.com

JANUARY 23 MATERNAL HEALTH AWARENESS DAY

The American College of Obstetricians and Gynecologists
acog.org

FEBRUARY 2024



AMD AND LOW VISION AWARENESS MONTH

Prevent Blindness

preventblindness.org

AMERICAN HEART MONTH

National Heart, Lung, and Blood Institute

nhlbi.nih.gov

NATIONAL CHILDREN'S DENTAL HEALTH MONTH

American Dental Association

ada.org

WISE HEALTH CARE CONSUMER MONTH

American Institute for Preventive Medicine

healthylife.com

NATIONAL CANCER PREVENTION MONTH

American Association for Cancer Research

aacr.org

FEBRUARY 2 NATIONAL WEAR RED DAY

Go Red for Women

American Heart Association

goredforwomen.org

FEBRUARY 3 (SAME DATE EACH YEAR) NATIONAL WOMEN PHYSICIANS DAY

American Medical Association

ama-assn.org

FEBRUARY 5-9 NATIONAL SCHOOL COUNSELING WEEK

American School Counselor Association

schoolcounselor.org

FEBRUARY 7 NATIONAL BLACK HIV/AIDS AWARENESS DAY

HIV.gov

hiv.gov

FEBRUARY 2024 (continued)



FEBRUARY 11 (SAME DATE EACH YEAR) INTERNATIONAL DAY OF WOMEN AND GIRLS IN SCIENCE

The International Day of Women and
Girls in Science Official Website

womeninscienceday.org

FEBRUARY 11-17 NATIONAL CARDIAC REHABILITATION WEEK

American Association of Cardiovascular
and Pulmonary Rehabilitation

aacvpr.org

FEBRUARY 14-21 NATIONAL CONDOM WEEK

National Coalition of STD Directors

ncsddc.org

FEBRUARY 22 (SAME DATE EACH YEAR) WORLD THINKING DAY

Girl Scouts

girlscouts.org

FEBRUARY 26-MARCH 3 NATIONAL EATING DISORDERS AWARENESS WEEK

National Eating Disorders Association

nationaleatingdisorders.org

FEBRUARY 28 HIV IS NOT A CRIME AWARENESS DAY

HIV.gov

hiv.gov

MARCH 2024



RED CROSS MONTH

The American Red Cross
National Headquarters or Local Chapters
redcross.org

BLEEDING DISORDERS AWARENESS MONTH

National Bleeding Disorders Foundation
bleeding.org

BRAIN INJURY AWARENESS MONTH

Brain Injury Association of America
biausa.org

NATIONAL COLORECTAL CANCER AWARENESS MONTH

Colorectal Cancer Alliance
colorectalcancer.org

DEVELOPMENTAL DISABILITIES AWARENESS MONTH

National Association of Councils on
Developmental Disabilities
nacdd.org

NATIONAL KIDNEY MONTH

National Kidney Foundation
kidney.org

NATIONAL NUTRITION MONTH

Academy of Nutrition and Dietetics
eatright.org

NATIONAL ATHLETIC TRAINING MONTH

National Athletic Trainers' Association
nata.org

MARCH 4-8 APLASTIC ANEMIA, MDS, AND PNH AWARENESS WEEK

Aplastic Anemia and MDS International Foundation
aamds.org

MARCH 4-8 NATIONAL SCHOOL BREAKFAST WEEK

School Nutrition Association
schoolnutrition.org

MARCH 10 NATIONAL WOMEN AND GIRLS HIV/AIDS AWARENESS DAY

HIV.gov
hiv.gov

MARCH 2024 (continued)



MARCH 10-16 PULMONARY REHABILITATION WEEK

American Association of Cardiovascular
and Pulmonary Rehabilitation
aacvpr.org

MARCH 10-16 SLEEP AWARENESS WEEK

National Sleep Foundation
thensf.org

MARCH 10-16 AMERICORPS WEEK

AmeriCorps
americorps.gov

MARCH 17-23 NATIONAL POISON PREVENTION WEEK

Health Resources & Services Administration
poisonhelp.hrsa.gov

MARCH 18-24 NATIONAL DRUG AND ALCOHOL FACTS WEEK

National Institute on Drug Abuse
nida.nih.gov

MARCH 19 WORLD SOCIAL WORK DAY

International Federation of Social Workers
ifsw.org

MARCH 20 (SAME DATE EACH YEAR) NATIONAL NATIVE HIV/AIDS AWARENESS DAY

Centers for Disease Control and Prevention
cdc.gov

MARCH 22 (SAME DATE EACH YEAR) WORLD WATER DAY

UN-Water
unwater.org

MARCH 26 (FOURTH TUESDAY OF MARCH) AMERICAN DIABETES ASSOCIATION ALERT DAY

American Diabetes Association
diabetes.org

MARCH 27 WHOLE DAY FOR WHOLE GRAIN

Oldways Whole Grains Council
wholegrainscouncil.org

APRIL 2024



ALCOHOL AWARENESS MONTH

National Council on Alcoholism and
Drug Dependence, Inc.

ncadd.us

NATIONAL CHILD ABUSE PREVENTION MONTH

Child Welfare Information Gateway

childwelfare.gov

NATIONAL STRESS AWARENESS MONTH

National Institutes of Health

hr.nih.gov

NATIONAL HUMOR MONTH

Association for Applied and Therapeutic Humor

aath.org

OCCUPATIONAL THERAPY MONTH

American Occupational Therapy Association

aota.org

SEXUAL ASSAULT AWARENESS MONTH

National Sexual Violence Resource Center

nsvrc.org

TESTICULAR CANCER AWARENESS MONTH

American Association for Cancer Research

aacr.org

NATIONAL MONTH OF HOPE

Convoy of Hope

convoyofhope.org

APRIL 1-7 NATIONAL PUBLIC HEALTH WEEK

American Public Health Association

nphw.org

APRIL 2 WORLD AUTISM AWARENESS DAY

Autism Speaks

autismspeaks.org

APRIL 7 (SAME DATE EACH YEAR) WORLD HEALTH DAY

World Health Organization

who.int

APRIL 2024 (continued)



APRIL 7-13 NATIONAL LIBRARY WEEK

American Library Association
ala.org

APRIL 12 NATIONAL DONATE LIFE BLUE & GREEN DAY

Donate Life America
donatelife.net

APRIL 14 (SAME DATE EACH YEAR) INTERNATIONAL MOMENT OF LAUGHTER DAY

Izzy G & Company
izzyg.com

APRIL 16 (SAME DATE EACH YEAR) NATIONAL HEALTHCARE DECISIONS DAY

The Conversation Project
theconversationproject.org

APRIL 17 WORLD HEMOPHILIA DAY

World Federation of Hemophilia
wfh.org

APRIL 21-27 NATIONAL VOLUNTEER WEEK

Center for Volunteer & Nonprofit Leadership
volunteernow.org

APRIL 22 (SAME DATE EACH YEAR) EARTH DAY

Earthday.org
earthday.org

APRIL 22-26 NATIONAL YOUTH VIOLENCE PREVENTION WEEK

Sandy Hook Promise
sandyhookpromise.org

APRIL 22-29 NATIONAL INFANT IMMUNIZATION WEEK

Centers for Disease Control and Prevention
cdc.gov

APRIL 2024 (continued)



APRIL 25 (FOURTH THURSDAY OF APRIL)
**TAKE OUR DAUGHTERS AND
SONS TO WORK DAY**

Take Our Daughters and Sons To Work Foundation
daughtersandsonstowork.org

APRIL 26-28
GLOBAL YOUTH SERVICE DAY

Youth Service America
ysa.org

MAY 2024



BETTER SLEEP MONTH

Better Sleep Council
bettersleep.org

BUILDING SAFETY MONTH

International Code Council
iccsafe.org

CORRECT POSTURE MONTH

PostureMonth.org
posturemonth.org

HEALTHY VISION MONTH

National Eye Institute
nei.nih.gov

HEPATITIS AWARENESS MONTH

Centers for Disease Control and Prevention
cdc.org

LUPUS AWARENESS MONTH

Lupus Foundation of America
lupus.org

MELANOMA AND SKIN CANCER AWARENESS MONTH

American Association for Cancer Research
aacr.org

OSTEOPOROSIS AWARENESS AND PREVENTION MONTH

Bone Health & Osteoporosis Foundation
bonehealthandosteoporosis.org

NATIONAL PHYSICAL FITNESS AND SPORTS MONTH

Action for Healthy Kids
actionforhealthykids.org

NATIONAL STROKE AWARENESS MONTH

American Stroke Association
stroke.org

Society for Public Health Education
sophe.org

NATIONAL TEEN PREGNANCY PREVENTION MONTH

Administration for Children & Families
acf.hhs.gov

MAY 1 (FIRST WEDNESDAY OF MAY) PROJECT ACES DAY

Len Saunders
lensaunders.com

MAY 2024 (continued)



MAY 1-7 (SAME DATES EACH YEAR) NATIONAL PHYSICAL EDUCATION AND SPORTS WEEK

Society of Health and Physical Educators
shapeamerica.org

MAY 5-11 BE KIND TO ANIMALS WEEK

American Humane
americanhumane.org

MAY 6-11 NORTH AMERICAN OCCUPATIONAL SAFETY AND HEALTH WEEK (NAOSH)

American Society of Safety Professionals
assp.org

MAY 6-12 (SAME DATES EACH YEAR) NATIONAL NURSES WEEK

Nurse.org
nurse.org

MAY 8 (WEDNESDAY OF NATIONAL NURSES WEEK) SCHOOL NURSE DAY

National Association of School Nurses
nasn.org

MAY 8 (SAME DATE EACH YEAR) WORLD RED CROSS AND RED CRESCENT DAY

International Federation of Red Cross
and Red Crescent Societies
ifrc.org

MAY 12-18 (WEEK OF FLORENCE NIGHTINGALE'S BIRTHDAY ON MAY 12) NATIONAL HOSPITAL WEEK

American Hospital Association
aha.org

MAY 12-18 (MOTHER'S DAY WEEK) WOMEN'S HEALTH WEEK

Office on Women's Health
womenshealth.gov

MAY 12-18 (MOTHER'S DAY WEEK) NATIONAL SKILLED NURSING CARE WEEK

American Health Care Association and
National Center for Assisted Living
ahcancal.org

MAY 18 (SAME DAY EACH YEAR) HIV VACCINE AWARENESS DAY

HIV.gov
hiv.gov

MAY 2024 (continued)



MAY 19 (SAME DAY EACH YEAR)
**NATIONAL ASIAN AND PACIFIC
ISLANDER HIV/AIDS AWARENESS DAY**

HIV.gov
hiv.gov

MAY 20 (SAME DATE EACH YEAR)
**WORLD AUTOIMMUNE AND
AUTOINFLAMMATORY ARTHRITIS
(AIARTHRTIS) DAY**

International Foundation for Autoimmune
& Autoinflammatory Arthritis
aiarthritis.org

MAY 22
**INTERNATIONAL DAY FOR
BIOLOGICAL DIVERSITY**

United Nations
un.org

MAY 29 (LAST WEDNESDAY IN MAY)
**NATIONAL SENIOR HEALTH
& FITNESS DAY**

Senior Health & Fitness
fitnessday.com

MAY 31 (SAME DATE EACH YEAR)
WORLD NO TOBACCO DAY

World Health Organization
who.int

JUNE 2024



CATARACT AWARENESS MONTH

Prevent Blindness

preventblindness.org

NATIONAL SAFETY MONTH

National Safety Council

nsc.org

SCLERODERMA AWARENESS MONTH

National Scleroderma Foundation

scleroderma.org

MIGRAINE AND HEADACHE AWARENESS MONTH

National Headache Foundation

headaches.org

PTSD AWARENESS MONTH

U.S. Department of Veterans Affairs

ptsd.va.gov

ALZHEIMER'S AND BRAIN AWARENESS MONTH

Alzheimer's Association

alz.org

JUNE 1 (FIRST SATURDAY IN JUNE) NATIONAL TRAILS DAY

American Hiking Society

americanhiking.org

JUNE 2 NATIONAL CANCER SURVIVORS DAY

National Cancer Survivors Day

ncsd.org

JUNE 3 WORLD BICYCLE DAY

United Nations

un.org

JUNE 5 (SAME DATE EACH YEAR) WORLD ENVIRONMENT DAY

UN Environment Programme

worldenvironmentday.global

JUNE 5 (SAME DATE EACH YEAR) HIV LONG-TERM SURVIVORS AWARENESS DAY

HIV.gov

hiv.gov

JUNE 2024 (continued)



JUNE 10-14 COMMUNITY HEALTH IMPROVEMENT WEEK

American Hospital Association
aha.org

JUNE 10-16 MEN'S HEALTH WEEK

Men's Health Month
menshealthmonth.org

JUNE 14 (SAME DATE EACH YEAR) WORLD BLOOD DONOR DAY

World Health Organization
who.int

JUNE 27 (SAME DATE EACH YEAR) NATIONAL HIV TESTING DAY

HIV.gov
hivinfo.nih.gov

JUNE 27 (SAME DATE EACH YEAR) NATIONAL PTSD AWARENESS DAY

Veteran.com
veteran.com

JULY 2024



PARK AND RECREATION MONTH

National Recreation and Park Association

nrpa.org

UV AWARENESS MONTH

American Academy of Dermatology Association

aad.org

JULY 14-20 MESSAGE IS FOR EVERYBODY WEEK

Associated Bodywork & Massage Professionals

abmp.com

JULY 21 (SAME DAY EACH YEAR) ZERO HIV STIGMA DAY

HIV.gov

hiv.gov

AUGUST 2024



CHILDREN'S EYE HEALTH AND SAFETY MONTH

Prevent Blindness
preventblindness.org

MEDICALERT AWARENESS MONTH

MedicAlert Foundation
medicalert.org

NATIONAL IMMUNIZATION AWARENESS MONTH

Centers for Disease Control and Prevention
cdc.gov

NATIONAL BREASTFEEDING MONTH

U.S. Breastfeeding Committee
usbreastfeeding.org

AUGUST 1-7 (SAME DATES EACH YEAR) WORLD BREASTFEEDING WEEK

World Alliance for Breastfeeding Action
waba.org.my

AUGUST 4-10 NATIONAL HEALTH CENTER WEEK

National Health Center Week
healthcenterweek.org

AUGUST 6 (THE FIRST TUESDAY OF AUGUST) NATIONAL NIGHT OUT

National Night Out
natw.org

AUGUST 9 (SAME DATE EACH YEAR) INTERNATIONAL DAY OF THE WORLD'S INDIGENOUS PEOPLES

United Nations
un.org

AUGUST 20 (SAME DAY EACH YEAR) SOUTHERN HIV/AIDS AWARENESS DAY

Southern AIDS Coalition
southern-solution.org

AUGUST 29 NATIONAL FAITH HIV/AIDS AWARENESS DAY

HIV.gov
hiv.gov

AUGUST 30 (SAME DAY EACH YEAR) NATIONAL GRIEF AWARENESS DAY

Better Help
betterhelp.com

SEPTEMBER 2024



BABY SAFETY MONTH

Juvenile Products Manufacturers Association
jpma.org

BLOOD CANCER AWARENESS MONTH

Blood Cancer Awareness Month
bloodcancermonth.org

CHILDHOOD CANCER AWARENESS MONTH

American Association for Cancer Research
aacr.org

FRUIT & VEGGIES—MORE MATTERS[®] MONTH

Society for Public Health Education
sophe.org

HEALTHY AGING MONTH

Office of Disease Prevention and Health Promotion
health.gov

NATIONAL RECOVERY MONTH

The Association for Addiction Professionals
naadac.org

NATIONAL CHILDHOOD OBESITY AWARENESS MONTH

WIC Works Resource System
wicworks.fns.usda.gov

NATIONAL FOOD SAFETY EDUCATION MONTH

U.S. Food and Drug Administration
fda.gov

OVARIAN CANCER AWARENESS MONTH

American Association for Cancer Research
aacr.org

NATIONAL PREPAREDNESS MONTH

Ready
ready.gov

NATIONAL SICKLE CELL DISEASE AWARENESS MONTH

Sickle Cell Disease Association of America, Inc.
sicklecelldisease.org

SEPTEMBER 2024 (continued)



PROSTATE HEALTH MONTH AND PROSTATE CANCER AWARENESS MONTH

American Association for Cancer Research

aacr.org

SEPTEMBER 8-14 NATIONAL SUICIDE PREVENTION WEEK

American Foundation for Suicide Prevention

afsp.org

SEPTEMBER 8-14 NATIONAL ASSISTED LIVING WEEK

American Health Care Association and
National Center for Assisted Living

ahcancal.org

SEPTEMBER 9 (SAME DAY EACH YEAR) NATIONAL AFRICAN IMMIGRANT AND REFUGEE HIV/AIDS AND HEPATITIS AWARENESS DAY

HIV.gov

hiv.gov

SEPTEMBER 10 (SAME DATE EACH YEAR) WORLD SUICIDE PREVENTION DAY

International Association for Suicide Prevention

iasp.info

SEPTEMBER 11 (SAME DATE EACH YEAR) PATRIOT DAY AND NATIONAL DAY OF SERVICE AND REMEMBRANCE

AmeriCorps

americorps.gov

SEPTEMBER 18 (SAME DATE EACH YEAR) NATIONAL HIV/AIDS AND AGING AWARENESS DAY

HIV.gov

hiv.gov

SEPTEMBER 21 (SAME DATE EACH YEAR) INTERNATIONAL DAY OF PEACE

United Nations

un.org

SEPTEMBER 27 (SAME DATE EACH YEAR) NATIONAL GAY MEN'S HIV/AIDS AWARENESS DAY

HIV.gov

hiv.gov

SEPTEMBER 28 (FOURTH SATURDAY IN SEPTEMBER) NATIONAL PUBLIC LANDS DAY

National Park Service

nps.gov

OCTOBER 2024



DOMESTIC VIOLENCE AWARENESS MONTH

The National Child Traumatic Stress Network
nctsn.org

HEALTH LITERACY MONTH

Health Literacy Month
healthliteracymonth.org

BREAST CANCER AWARENESS MONTH

American Association for Cancer Research
aacr.org

NATIONAL BULLYING PREVENTION MONTH

The National Child Traumatic Stress Network
nctsn.org

NATIONAL CHIROPRACTIC HEALTH MONTH

American Chiropractic Association
acatoday.org

CRIME PREVENTION MONTH

National Crime Prevention Council
ncpc.org

NATIONAL DEPRESSION AND MENTAL HEALTH SCREENING MONTH

National Public Health Information Coalition
nphic.org

NATIONAL DISABILITY EMPLOYMENT AWARENESS MONTH

U.S. Department of Labor
dol.gov

LIVER CANCER AWARENESS MONTH

American Association for Cancer Research
aacr.org

NATIONAL PHYSICAL THERAPY MONTH

American Physical Therapy Association
apta.org

MENOPAUSE AWARENESS MONTH

Champion Health
championhealth.co.uk

OCTOBER 2024 (continued)



OCTOBER 1 (SAME DATE EACH YEAR) WORLD VEGETARIAN DAY

North American Vegetarian Society
worldvegetarianday.org

OCTOBER 1 (SAME DATE EACH YEAR) INTERNATIONAL DAY OF OLDER PERSONS

United Nations
un.org

OCTOBER 2 (FIRST MONDAY OF OCTOBER) WORLD HABITAT DAY

UN-Habitat
unhabitat.org

OCTOBER 10 (SAME DATE EACH YEAR) WORLD MENTAL HEALTH DAY

World Health Organization
who.int

OCTOBER 14 INDIGENOUS PEOPLES' DAY

National Today
nationaltoday.com/indigenous-peoples-day

OCTOBER 14-18 NATIONAL SCHOOL LUNCH WEEK

School Nutrition Association
schoolnutrition.org

OCTOBER 15 (SAME DATE EACH YEAR) NATIONAL LATINX AIDS AWARENESS DAY

HIV.gov
hiv.gov

OCTOBER 17 (SAME DATE EACH YEAR) INTERNATIONAL DAY FOR THE ERADICATION OF POVERTY

United Nations
un.org

OCTOBER 20 (SAME DATE EACH YEAR) WORLD OSTEOPOROSIS DAY

World Osteoporosis Day
worldosteoporosismday.org

OCTOBER 20-26 HEALTHCARE QUALITY WEEK

National Association for Healthcare Quality
nahq.org

OCTOBER 2024 (continued)



OCTOBER 21-25 NATIONAL HEALTH EDUCATION WEEK

Society for Public Health Education
sophe.org

OCTOBER 29 (SAME DATE EACH YEAR) WORLD STROKE DAY

American Stroke Association
stroke.org

OCTOBER 26 (FOURTH SATURDAY OF OCTOBER) MAKE A DIFFERENCE DAY

Convoy of Hope
convoyofhope.org

NOVEMBER 2024



AMERICAN DIABETES MONTH

American Diabetes Association
diabetes.org

NATIVE AMERICAN HERITAGE MONTH

The Library of Congress
nativeamericanheritagemonth.gov

DIABETIC EYE DISEASE AWARENESS MONTH

UNC School of Medicine Ophthalmology
med.unc.edu

LUNG CANCER AWARENESS MONTH

American Association for Cancer Research
aacr.org

NATIONAL EPILEPSY AWARENESS MONTH

Epilepsy Foundation
epilepsy.com

NATIONAL HEALTHY SKIN MONTH

American Academy of Dermatology
aad.org

HOME CARE & HOSPICE MONTH

National Association for Home Care & Hospice
nahc.org

NATIONAL HOSPICE AND PALLIATIVE CARE MONTH

National Hospice and Palliative Care Organization
nhpco.org

PANCREATIC CANCER AWARENESS MONTH

American Association for Cancer Research
aacr.org

PREMATURITY AWARENESS MONTH

March of Dimes
marchofdimes.org

NOVEMBER 1-JANUARY 1 TIE ONE ON FOR SAFETY[®]

Mothers Against Drunk Driving (MADD)
madd.org

NOVEMBER 2024 (continued)



NOVEMBER 7 (FIRST THURSDAY OF NOVEMBER) INTERNATIONAL DAY AGAINST VIOLENCE AND BULLYING AT SCHOOL

UNESCO
unesco.org

NOVEMBER 13 (SAME DATE EACH YEAR) WORLD KINDNESS DAY

Random Acts of Kindness Foundation
randomactsofkindness.org

NOVEMBER 14 (SAME DATE EACH YEAR) WORLD DIABETES DAY

International Diabetes Federation
worlddiabetesday.org

NOVEMBER 15 (SAME DATE EACH YEAR) NATIONAL PHILANTHROPY DAY

Association of Fundraising Professionals
afpglobal.org

NOVEMBER 15 (SAME DATE EACH YEAR) AMERICA RECYCLES DAY

United States Environmental Protection Agency
epa.gov

NOVEMBER 16 GREAT AMERICAN SMOKEOUT

American Cancer Society
cancer.org

NOVEMBER 18-22 (WEEK BEFORE THANKSGIVING) AMERICAN EDUCATION WEEK

National Education Association
nea.org

NOVEMBER 23 INTERNATIONAL SURVIVORS OF SUICIDE DAY

American Foundation for Suicide Prevention (AFSP)
afsp.org

NOVEMBER 25 INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN

UNESCO
unesco.org

DECEMBER 2024



NATIONAL IMPAIRED DRIVING PREVENTION MONTH

National Safety Council

nsc.org

SAFE TOYS AND GIFTS MONTH

UNC School of Medicine Ophthalmology

med.unc.edu

DECEMBER 1 (SAME DATE EACH YEAR) WORLD AIDS DAY

National AIDS Trust

worldaidsday.org

DECEMBER 2 (SAME DATE EACH YEAR) INTERNATIONAL DAY FOR THE ABOLITION OF SLAVERY

United Nations

un.org

DECEMBER 3 (SAME DATE EACH YEAR) INTERNATIONAL DAY OF PERSONS WITH DISABILITIES

World Health Organization

who.int

DECEMBER 5 (SAME DATE EACH YEAR) INTERNATIONAL VOLUNTEER DAY

United Nations

un.org

DECEMBER 6-12 NATIONAL INFLUENZA VACCINATION WEEK

Centers for Disease Control and Prevention

cdc.gov

DECEMBER 10 (SAME DATE EACH YEAR) HUMAN RIGHTS DAY

United Nations

un.org

DECEMBER 21 (WINTER SOLSTICE) HOMELESS PERSONS' MEMORIAL DAY

National Health Care for the Homeless Council

nhchc.org

2024 HEALTH AND WELLNESS OBSERVANCES CALENDAR

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