

10

BEST IDEAS

HRA & BIOMETRIC SCREENINGS

FROM WELCOA's 2015 SUMMIT

START A MOVEMENT:
Transforming Employee Wellness

1

COMBINE
JOB SATISFACTION
& HEALTH RISK
ITEMS INTO THE
SAME TOOL.



DON'T TAKE ON
THE ROLE OF
DOCTOR

2

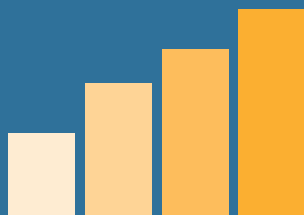
ASK ABOUT THE
THINGS THAT
»» **REALLY** ««

3

MATTER
TO PEOPLE.



USE HRA &
BIOMETRICS
AS TOOLS TO
INCREASE
PREVENTIVE
COMPLIANCE.



4

5

ASSESS MORE
FREQUENTLY
USING

MARKERS
THAT CAN BE
IMPROVED
IMMEDIATELY—
JOY,
CREATIVITY,
MOOD.



6

COACH
EMPLOYEES
ON WHAT
PROGRAMS
YOU HAVE THAT WILL
HELP BASED
ON HRA RESULTS;
DON'T JUST
TELL THEM TO
CHANGE.



ALWAYS PAIR
HRA's & SCREENINGS
WITH IMMEDIATE
FOLLOW-UP.



7

8

FOCUS ON MORE
INTEGRATIVE
PREDICTORS
OF HEALTH LIKE
FOOD ALLERGIES
& **DEPRESSION**

9

REALLOCATE
BUDGET—INSTEAD
OF HRA, INVEST
IN SUPPORTIVE
ENVIRONMENTS.

10

ASSESS
ENERGY LEVELS
OF EMPLOYEES
DAILY—GIVE TIRED
EMPLOYEES
A BREAK.

